

Laundry Stain Cheat Sheet



Red Wine

Try to blot up as much of the wine as possible and then spray hydrogen peroxide on the stain, followed by a hefty sprinkle of baking soda. Make sure that the peroxide and soda fully cover the stained area and let it sit for 2-3 minutes.

Coffee / Tea

Flush stain with lemon juice or white vinegar to remove stain.

Blood

Spray diluted dish soap solution on stain and let sit. Rinse in cool water.

Ink

Spray with aerosol hairspray and massage the hairspray into the fabric. Rinse with cold water.

Grease

Treat area with mineral spirits in a well ventilated room. Rinse with isopropyl alcohol and dry well. Spray diluted dish soap solution on any remaining residue and rinse with cold water.

Sweat

Mix one part dish soap with two parts hydrogen peroxide, then scrub the stain and let it sit for an hour.

Sauces

Scrape off sauce, do not rub. Spray area with dish soap solution, let soak and rinse. If stain persists, apply several drops of hydrogen peroxide and let sit. Rinse with cold water.

Wax / Gum

Use an ice cube to freeze wax or gum. Scrape or crack off wax or gum.

Grass

Flush the grass stain with isopropyl alcohol, lightly massage and rinse with cold water. Wash as usual.